



Janmitram

HEALTH AND SANITATION PROGRAMME

FOR CHILDREN



With Special Emphasis on Malnutrition

Supported By
hope

FOR CHILDREN

Regd. Charity No: 1041258 in UK

Report on Children's Health and Nutrition awareness
program Supported by

"Hope for Children"

Action taken Report



Nodal Agency:
Registered Charity No -1041258 in UK

: Implementing Partner :
Janmitram Kalyan Samiti, Raigarh

Report on Children's Health and Nutrition awareness program Supported by HOPE

1. Preface:

Children are seed of future generations, makers of future societies and nations. It is why George Bernard Shaw once famously said, "A Child is Asset of Nation". Being so, child-care is a prime concern of any welfare state. Indian government has also started number of programs regarding Children's education & health. Jan-Mitram (Friends of people) is volunteering on these issues since its inception, especially on health. Combating malnutrition is always our primary focus.



Parents in any society, obviously wish their children to remain healthy. But some set of factors like severe poverty, lack of awareness, and ethnic belief fall in way. Tribal region of Chhattisgarh is a typical example. Here, Infant Mortality Rate is 64 out of 1000. which reflects around 3 lakhs children are fall in death during one year time span. Where as in developed nation 10 out of 1000 reflects the high rate of death in their society. Despite repeated efforts, government and voluntary organizations still has a long way to go.

lakhs of infants-child are out of the system to reach the entire development process. Primery reason is lake of proper awareness. In Chhattisgarh. This mames a question mark

that "Is it a punishment for new born baby in Chhattisgarh state" obviously the may be "NO"

Jan-Mitram, is running a comprehensive R-Ch Project in tribal-land of Raigarh district. We have selected 800 women volunteers to take care every of women and children in every hamlet. Institutional deliveries and pre natal care are primary focus of this program.

In May 2007, HOPE FOR CHILDREN, Charity registered in UK extended support to Jan-Mitram for health and sanitation program. Jan-mitram Board decided to utilize HOPE funds for an intensive awareness campaign in Gharghoda and Lailunga Blocks of Raigarh District.



Objectives of these programme were:

- To provide health and nutritional consultation to 0-6 year children, pregnant mother and mother suffering malnutrition.
- To aware the backward communities on rural health, sanitation and malnutrition.
- To provide medical check up and immediate health care facilities to the underfeeding child in selected graded family.
- To provide proper training to the mitanins and rural patient attendants on child vaccination, best child feeding, worm problems, sanitation, protected delivery to pregnant women and enormous diseases like Diarrhea, Malaria, Pneumonia and other harmful diseases.

The programme was proposed for two months and its estimated cost was Rs 1,62,000.00 (\$ 2000 USD). The total amount was released by HOPE, charitable trust of UK.

The programme was run by programme coordinator, field coordinator and with the support of mitanin (Voluntary health worker) working in Janmitram.

Activities

A. Identification of Panchayats/villages:

The Hope for children programme is prepared for the area of the socio –economically backward communities severely suffered from malnutrition and poor sanitation. In respect to the criteria and achievement rate Janmitram selected two blocks in Raigarh District. Where the organization has a base for health care service through mitanin programme. The selection criteria of the hope for children programme was

1. Village with 80% SC/ST population, 15% other backward caste and rest 5% general residents
2. Families fall under Below Poverty Line.
3. Population dominated with Malnutrition child, pregnant women and Adult girls taking as proper parameter.
4. Back ward in health, education and sanitation.

SLNO	Block	No of panchayat	No of village
1	Gharghoda	42	87
2	Lailunga	70	110

B . Beneficiaries:

During selection process Jan-Mitram not only selected the child group but also the Pregnant mother, Adult girl for promoting health care facility cum awareness programme .The suitable criteria's are:

- Child in the age group of 0 -6 yrs suffering malnutrition problem
- Child from under privileged / BPL families.
- Children of the daily wage labour caste society
- School going poor children



- Poor and destitute pregnant mother and Adult girl

The list of the beneficiaries selected through the mitanin (voluntary health worker) with the support of primary health department in Gharghoda and Lailunga block of Raigarh District.

Sl no	Name of Block	Panchayat covered	No of Beneficiaries
1	Gharghoda	42	3350
2	Lailunga	70	7722

Details of the selected groups:

Sl No	Block	Child 0-6 a.g	Malnutrition Child	BPL families	School going children	Adult Girl	Pregnant Mother
1	Gharghoda	2998	183	2998	640	378	321
2	Lailunga	7622	243	7622	1009	519	699

C. Training of Trainers:

After completion of selection process a three days training programme was organized from 27th to 29th July 2007 in Mahadev Dharmasala, Gharghoda .The total no of 20 village level trainers from Lailunga and Gharghoda took their participation in the training .The subject of the training programme was “ **Process to keep mother and child away from malnutrition, and poor health** ” In three days training a brief discussion has been made on caring of mother during pregnancy ,Health care facility from newly born to school admission ,Protect the child from serious man made and natural diseases .



Dr. Prem Bodalkar, Block Medical Officer, Gharghoda lighted the candle and formally inaugurated the ToT. Dr. V.N Nayak took the first session and briefly expressed the

specific aspect to take care during pregnancy to born a healthy baby. Then after Dr. S. Lakra giving progress to the session explain the measures of malnutrition and prevention technique to free it from developed society .

The trainer from Janmitram Kalyan samiti also took participation as resource person and described how the this process continue in the backward community of Gharghoda and Lailunga and the strategy to provide better health care to the targeted child in the concerned area .



D. Training to Beneficiaries:

The training programme of the beneficiaries continued from 4th to 9th Sept 2007 in six Panchayats of Gharghoda and and Lailunga Block. the respective panchayats are Bhengari , Pusalda and Kusum-Ghat from Gharghoda and Ghiarmuda ,Kilkila and Salakhia from Lailunga Block .Around 30 to 35 members of Health mitanin , Prerak ,Pregnant mother ,Village experts, PRIs , Local representatives ,Anganbadi members ,Medical staffs and school children participated and trained in the training camp .The training was focused to check infant mortality rate due to mal nutrition and let free the panchayat from this man made epidemics . Resource material has been distributed during the training..



SLNO	Name of the block	Name of the panchayat	No of trainees Participated
1	Gharghoda	Bhengari	38
2	Gharghoda	Pusalda	27
3	Gharghoda	Kosam Ghat	43
4	Lailunga	Salakhia	25
5	Lailunga	Ghiarmuda	35
6	Lailunga	Kilkila	34

E. Distribution of Health Care tools :

During health programme in Specific village/Panchayat. Janmitaram with the support of Health staff distributed baby food and nutritional items to the malnutrition affected child and their respective mothers the beneficiaries got the primary treatment with the supplied items in their villages. These items were also distributed during the health camp. General medicine of fever, glucose and electoral power also distributed in these programme. Biscuits and Chocolates were also distributed in various places



F .Health Camp:

On Dated 23rd and 29th Sept 2007, A Health camp was organized in Jharan and kosom ghat Panchayat of two blocks. Mr. S. Lakra, Child Specialist, Mr. Prem Bodlakar, Medicine Specialist, Dr Kesri and senior members attended the camp .the programme fulfills the objective of the hope for children programme. The camp focused on :

1. General Health Check up
2. Eye test

3. Skin Test
4. Weight measurement
5. Blood Test
6. ANC Check up
7. Nutrition check up

The primary treatment done by the camp doctors and the serious patient referred to the specialist of different department. The village distance from 30 km attended the camp and checks their diseases. The total no of 380 people registered in one day camp organized by Janmitram



H. Monitoring and Documentation:

The total programme was monitored time to time by the organization itself. The report also prepares time to time for press and media publicity .The report also submitted to the CMO Raigarh and BMO Gharghoda and Lailunga The total action plan and activity has been done according to the plan and as per the beneficiaries.

Outcome of the Project:



- After completion of the programme, Awareness generated for health and precautional measures to 0-6 year children, pregnant mother and mother suffering malnutrition.
- Most of the BPL and backward beneficiaries got opportunity of free medical check up and immediate health care facilities to the underfeeding child in selected graded family supported by the charity and state health department.
- After training programme rural pregnant mother are encouraged and preferring for institutional delivery not by private traditional private practitioner.

- Training to the mitanins and rural patient attendants on child vaccination, best child feeding, worm problems, sanitation, protected delivery to pregnant women improved the status of child and mother death rate.
- After awareness drive rural community of Gharghoda and Lailunga block encouraged and demanded for House hold latrine through in their houses and drainage line for better swerage in their community through TSC.



Credits

“It is immense opportunity of Janmitram (FRIENDS OF PEOPLE) to get a chance to organize an awareness drive on Children’s Health and Nutrition awareness program Supported by HOPE FOR CHILDREN , Registered Charity No -1041258 in UK .We assure you that your program support and cordiality will inspire thousands of BPL and malnutrition children and mothers in Chhattisgarh and all over India .It enlightens a drop of life among disadvantaged lives of the society .We need a better coordination in future with Charity”

Special Gratitude to HOPE FOR CHILDREN, Registered Charity No -1041258 in UK.

Best wishes from Janmitram!

Secretary
Janmitram Kalyan Samiti
Raigarh (CG)

President
Janmitram Kalyan Samiti
Raigarh (CG)

Gratitude



It is a grate pleasure that Janmitram Kalyan Samiti Raigarh is going to submit the action taken report of the programme “Hope for Children ” Supported by HOPE FOR CHILDREN , Registered Charity No -1041258 in UK .This Report expressed the detail plan developed by our organization in the mass mobilization drive on the critical issue of malnutrition and sanitation . During the process of the programme we accepted lot of assurance and cordial support from State health department. Starting from traing to the winding up the programme in every stage we got support from different dignitaries .Janmitram is thankful to Dr. Prem Bodalkar, Block Medical Officer, Gharghoda Block, for inaugurating the child dedicated programme in Raigarh District of Chhattisgarh State .The organization is also thank ful to Dr.V.N Nayak,Dr.M.Kesari,Dr.S.Lakra providing training and medical support, Distribution of tool kits and Health camp organized by Janmitram under Hope for children Programme.

Lastly we are thank ful NRHM and State health Department ,especially Programme Coordinator and Mitanin (Asha Members) who have dedicated a lot for the targeted beneficiaries through door to door campaign for sending the message to eradicate malnutrition in Gharghoda and Lailunga Block of Raigarh District .

(Ms Mona Pandey)
From
Janmitram Desk